

# March 2019 Magazine

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*All Saints Vestry*

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Cover picture : The Way of Life by Jonathan Clarke inside Ely Cathedral

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*In the rush and noise of life, as you have intervals, step within yourselves and be still. Wait upon God and feel his good presence; this will carry you through your day's business.*

*William Penn (1644-1718)*

Dear Friends

As Lent begins we are reminded once more that we need to make time in our lives for God and for our spiritual health; we need to make space from the noise that accompanies us day in and day out, those noises we have control over like the radio and those we don't like traffic noise; we need to be still and become aware of God's presence amidst the other things that crowd in for our attention. Finding that place of stillness and refreshment can and will help us through our days and give us peace in our hearts and minds when we lay down to rest at night.

Waiting upon God is a spiritual practice that all can benefit from. Psalm 40 has been sung for generation upon generation; it declares not only the benefits of waiting upon God – God hears our cry - but also the essential nature of it – God is our firm foundation and without our lives rooted firmly in God we risk sinking into the miry bog.

*I waited patiently for the Lord; who inclined to me and heard my cry.  
God drew me up from the desolate pit, out of the miry bog, and set my feet upon a rock, making my steps secure.*

*Psalm 40:1-2*

This Lent evening prayer will be said in church Sunday – Thursday at 6pm; a time to be still, to connect with God and let God replant our feet firmly on the Rock which is Jesus. A time to feel God's good presence and to let it give us peace for the night ahead, and be our guide for the following day. If you are not able to come along to Evening Prayer but would like to join with others in the church praying at that time, copies of the service for use in your home can be made available. Or you may wish to pray in the custom which you usually use ending with the prayer, below, which will be used in the church.

*God of compassion, through your Son Jesus Christ you reconciled your people to yourself. Following his example of prayer and seeking time in your presence; pour upon us the Holy Spirit so that we may seek your presence throughout our lives and serve one another in holy love, through Jesus Christ our Lord. Amen.*

Jesus not only went into the wilderness for 40 days at the beginning of his ministry, a time we recall with our season of Lent, but we can also read in the Gospels how he often sought time with God. Even Jesus needed to be still and wait on God's presence when confronted by the pressures of this life, even Jesus needed those oases of calm and enrichment. None of us are immune to that need. Lent gives us the opportunity to give our spiritual practices a healthcheck, ensuring that they are still providing us with quality time in God's presence; the kind which can best help us in our daily lives.

May our seeking for God's presence this Lent, enrich our common life and shared spiritual journey, as it enriches us personally in our life and faith, so we may grow ever closer to God and to each other.

*Blessings Kirstin*

## **A Heartfelt Thank You from Mike Graham**

It's difficult finding words that can express adequately my thanks to everyone at All Saints for the exceedingly generous gift I've received from you via David, at my last service, and later, Andrew – I really am at a loss for words! Your overwhelmingly kind gesture has brought home to me forcefully the sheer extent of the loving support that is so characteristic of the fellowship at All Saints.

The past few weeks have been something of an emotional roller-coaster ride as I experience the highs of exploring new worship traditions, set against the lows of separation from the warm, caring atmosphere at All Saints. At the moment though, I'm still able to see many of you – usually on Wednesdays – and it's an anchor that provides me with welcome stability and continuity. Nevertheless, there is also a need for me to step out of my comfort zone as I feel my way into different worshipping communities. My present forays so far have been into the Baptist Church (Cathcart and Queen's Park), where the patterns of worship differ substantially from that which I've been used to, but which, by their very newness to me, promise to be both invigorating and challenging! It should certainly keep me on my toes! If there's one thing I *don't* miss though, it's the journeys across town – even in less time-critical circumstances, driving conditions in the city are a sore trial!

The generosity of the cheque I've been presented with – quite apart from the substantial, accompanying Book Token – requires that I give careful thought to how I spend these gifts. The cheque has been put into a savings account to ensure that it is set aside for something special. I've no doubt that in due course, you'll learn

about how I've chosen to use my gift, but at the moment, I would guess that the most likely area of expenditure will be one of the following: home improvement, car renewal or travel. Knowing my great capacity for indecision though, it's still going to be a difficult choice to make!

In the meantime, thank you, David, for your touching tribute during the presentation at the end of my last service and thank you, Kirstin, for the prayer of 'moving on' to send me on my way.

To you all, though, my warmest thanks for everything I've received from you over many happy years at All Saints – and my prayers and very best wishes for you all.

Thank you!

Mike

### **Bishop's Lent Appeal**

This year the Bishop's Lent Appeal is for Malawi Association for Christian Support, known as M.A.C.S. Malawi is among the poorest ten countries in the world and MACS has been working there since 1993. MACS works in partnership with local people on education, health and community projects in the rural areas, where the needs are greatest. Currently they are trying to raise £170k to build a new operating theatre in St Luke's Hospital, Malosa. You can find out more about their work on their web site <https://www.malawimacs.org/> and Lent Boxes are available at the back of the church.

### **Lent Poetry and Art**

On Tuesday 12<sup>th</sup> March we will begin our season of Poetry and Art for Lent. We will meet in the choir stalls at 7pm and end with Compline. The remainder of the meetings during Lent will be 19<sup>th</sup> and 26<sup>th</sup> March and 2<sup>nd</sup>, 9<sup>th</sup> of April. You don't need to have any previous knowledge of either art or poetry and each evening is self-contained so you can pop along to the ones you can manage if you are not available every week.

### **Diocesan Cycle of Prayer**

The new Diocesan Cycle of Prayer is available on the Diocesan or Church web site, it will be updated once our new Bishop is elected. If you wish a paper copy please speak to the Rector who will arrange one for you.

### **World Day of Prayer**

The World Day of Prayer takes place on Friday 1<sup>st</sup> March and is being hosted by New Kilpatrick Church at 10.30am. This year the service has been written by Christian women in Slovenia and the theme is 'Come – Everything is Ready'.  
*(More details later in the magazine from our ABC representative, Penny Inglis)*

### **Bearsden Festival**

This year the Bearsden Festival will be held between 10<sup>th</sup> and 19<sup>th</sup> May which is also Mental Health week and in turn is the theme for this year's festival. How do we sustain good mental health? During the weekends, a variety of events will be taking place across several venues around the cross; during the week, events will mostly be taking place in the evenings. From music taster sessions to concerts, art and dance to information, walking to more sedentary pursuits there will be something for everyone to discover and maybe take up on a more permanent basis. More information will be available nearer the time.

### **Vestry Notes February 2019**

- The Vestry agreed to proceed with a quote for a new hall boiler which had been received from Jim Craig.  
(Things have moved forward quickly and the boiler is to be fitted on Wednesday, February 20<sup>th</sup>).
- David Hamblen is to contact East Dunbartonshire Council and St. Andrews First Aid with a view to having the defibrillator moved to a more appropriate site, i.e. nearer the Bearsden Cross shops or at the EDC Hub.
- The Vestry approved the nomination of myself as PVG Co-Ordinator, to replace Lou Simmons.
- Finances are broadly as anticipated.

John Brooker

## Three candidates short-listed in vacancy for new Bishop of Glasgow & Galloway

Three candidates have been short-listed for election to the office of Bishop of Glasgow and Galloway, following the retirement of the Rt Rev Dr Gregor Duncan in October 2018, having served the Diocese of Glasgow & Galloway as Bishop since 2010.

The three candidates have been selected by a Preparatory Committee consisting of clergy and lay church members from the Diocese of Glasgow & Galloway and across the wider Scottish Episcopal Church. The next stage in the election process is a meeting of each of the candidates with an Electoral Synod (representatives of clergy and lay church members from the Diocese of Glasgow & Galloway only). That meeting will take place on **Saturday 9 March** with the election of the new Bishop on **Saturday 16 March**.

The candidates are:

**The Very Rev Kelvin Holdsworth**, Provost of St Mary's Cathedral, Glasgow.

**The Rev Dr Michael Paterson**, Director of the Institute of Pastoral Supervision & Reflective Practice, consultant in spiritual care for NHS Education for Scotland and assisting priest at St Margaret's, Rosyth.

**The Rev Canon Dr Scott Robertson**, Rector of St Margaret of Scotland Church, Newlands, Glasgow.

Commenting on this stage of the process, Acting Bishop during the episcopal vacancy the Most Rev Mark Strange, Bishop of Moray, Ross & Caithness and Primus of the Scottish Episcopal Church says "I thank members of the Preparatory Committee for the work they have done and am delighted that three candidates are being nominated to the Electoral Synod. We hope that the discernment in the Electoral Synod will enable them to elect a new bishop who will lead the Diocese of Glasgow & Galloway in its future ministry and mission, and ask that we hold each of the candidates and the Diocese in our prayers during this process."

*(See also the report from our Lay Representative, David Simmons)*

## North West Regional Council Meeting Wednesday 13th February, All Saints Bearsden

We were pleased to welcome Regional Council reps to the meeting held in our church on 13th February - friends from Helensburgh, Dumbarton, The West End

and Milngavie. We were able to offer a fine spread of food, with thanks to the Wednesday lunch club for the sandwiches!

The meeting was chaired by Revd Andrea Hagenbuch in her new role of Convenor of the Council. The meeting opened with prayer, with special prayers for the on-going process of selecting a new Bishop.

We received updates from the various churches about current and future activity, including that Rev. Liz O'Ryan is soon to leave St. Mungo's, Alexandria, for pastures new and Rev. Kenny MacAuley of St. Augustine's, Dumbarton, is soon to retire. Our brothers and sisters in Dumbarton and Alexandria will need our prayers as they go through the uncertainty of a vacancy period.

We also learned that a new Diocesan Centre has been purchased in the Italian area of the Merchant City. This new Centre will have greatly improved disabled access and offers potential for development as our "own space". More details in the future. Everyone welcomed this news which is seen as a very positive move.

Also discussed was a proposed Sunday afternoon outing for the NW Regional Council to Dunblane Cathedral the late summer or early autumn.

The meeting closed with prayer.

Louise Benson

## A Report from your Lay Representative: Diocesan Synod and Episcopal Election Update

February has been a little busier on the Lay Rep front, with a meeting of the North-West Regional Council, the (upcoming, at time of writing) Diocesan Synod and the long-awaited announcement of the short list of candidates for Bishop of Glasgow and Galloway.

The Diocesan Synod is coming up on Saturday, 23<sup>rd</sup> February in Kilmarnock. This Synod will get the regular Diocesan business out of the way before the electoral synods in March. Apart from the usual elections and reports there will be a discussion of a significant canonical change: the dissolution of the Province's "Information and Communication Board" (for which, ironically, I am currently the Diocesan representative).

Most of you will know by now that the Preparatory Committee has put forward three candidates for Bishop who will present to the Diocesan electors at a Synod at **St. Mary's Cathedral on 9<sup>th</sup> March** to be followed by the electoral synod itself the following **Saturday (16<sup>th</sup> March)**.

The candidates are (in alphabetical order), the Very Reverend Kelvin Holdsworth, Provost of St. Mary's Cathedral, Glasgow; the Rev. Dr. Michael Paterson, Director of the Institute of Pastoral Supervision & Reflective Practice, consultant in spiritual care for NHS Education for Scotland and assisting priest at St Margaret's, Rosyth and finally the Rev. Canon Dr. Scott Robertson, Rector of St. Margaret's, Newlands. More details on the Diocesan website: <https://glasgow.anglican.org/news-and-events/news/> Please pray for them, myself and Kirstin as we approach this busy time of making important, prayerful decisions about the future of the Scottish Episcopal Church and particularly our Diocese of Glasgow and Galloway.

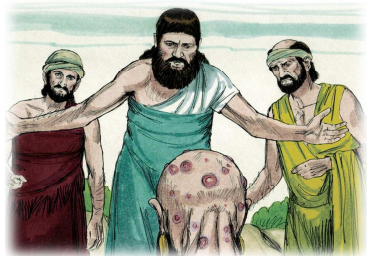
David Simmons

## Unity Supper 2019

The 2019 Association of Bearsden Churches' Unity Supper was kindly hosted by New Kilpatrick church and attracted diners from all the Bearsden churches including ten from our own. We enjoyed a plentiful hot buffet supper of chicken or salmon followed by chocolate gâteau or apple crumble and ice cream. Delicious!

We were fortunate to be able to welcome students from Bearsden Academy's Religious, Moral and Philosophical Studies Department who, despite their recent

prelims, gave us a well prepared and colourful presentation about the Book of Job. From the Jewish, Islamic, Orthodox and Christian perspectives, they considered the difficulty of understanding why an all-powerful God allows good people to suffer concluding that there are no answers but God reminds us to trust his wisdom.



The evening was very relaxed and enjoyable providing an opportunity to socialise with members of other denominations and enjoy the company and ideas of young people interested in religion. Thanks are due to New Kilpatrick Church and those who organised the event, provided such excellent catering and spoke so eloquently.

Penny Inglis

## World Day of Prayer 2019

### Friday 1<sup>st</sup> March, New Kilpatrick Church, 10.30am

The "World Day of Prayer" is a women led, global ecumenical movement (women's gift to the whole church) which invites everyone – men, women and children of all ages – to join this day of prayer. It is the largest ecumenical movement in the world, the only one supported by Catholic and Protestant, Orthodox and Evangelical churches, and it enables us to hear the thoughts, concerns, hopes and prayers of women from all parts of the world. It is celebrated in over 120 countries. It begins in Samoa and prayer in native languages travels throughout the world – through Asia, Africa, the Middle East, Europe and the Americas before finishing in American Samoa some 38 hours later.

This year the service has been prepared by the women of one of the smallest and youngest countries in Europe, Slovenia. They encourage us to reflect on the barriers they have faced since the end of the Second World War when their country was part of the socialist country of Yugoslavia. They share the challenges they have met and the hopes they have for the future.

In Bearsden this year's World Day of Prayer service will be held in New Kilpatrick Parish Church on **Friday 1<sup>st</sup> March at 10.30am**. The theme is "Come – Everything is Ready" and a very warm welcome is extended to everyone.

Penny Inglis

## Wednesday Lunch Group News



His knife see rustic Labour dight,  
An' cut you up wi' ready sleight,  
Trenching your gushing entrails bright,  
Like ony ditch;  
And then, O what a glorious sight,  
Warm-reekin', rich!



The Wednesday Lunch Group is now well into its Spring 2019 session with five well attended soup and chat lunches. Two days before Burns Night we enjoyed a very special lunch when we in joined the celebrations for the bard with haggis, snacks, a dram, tartan and lots of fun. With great ceremony the haggis was piped in and our special guest Joyce Simpson addressed it most eloquently. She can be seen in the picture attacking it with great skill.

But I wonder if the lunchers were aware of the dangers mentioned in the advice following!

#### **Advice from the website about performing The Address to the Haggis**

The reader should have her knife poised at the ready. On cue (*Her knife see Rustic-labour dight*), she cuts the casing along its length, making sure to spill out some of the tasty gore within (trenching its gushing entrails). Warning: it is wise to have a small cut made in the haggis skin before it is piped in. Instances are recorded of top table guests being scalded by flying pieces of haggis when enthusiastic reciters omitted this precaution! Alternatively, the distribution of bits of haggis about the assembled company is regarded in some quarters as a part of the fun...

#### **Future events**

Following that over the next few weeks there will be a number of special events:

**27 February** We will be anticipating Shrove Tuesday by serving home-made pancakes.

**13 March** There will be a Bring and Buy Sale to raise some extra funds for our charities, and because we enjoy them. Regular members of the WLG are invited to bring a friend to enjoy lunch and take part in the sale.

**20 March** Graham Caie will give us a talk on murals in mediaeval Danish Churches, a subject which is very dear to his heart, and which will no doubt be very inspiring.

**27 March** There will be a Flower Day as it is the nearest Wednesday to Mothering Sunday.

**3 April** Amanda MacKenzie, will give us a talk entitled 'Bringing the Romans back to Life— a Journey through Time'. Amanda is writing a series of exciting novels set in Classical Rome which bring with them some very fascinating questions.

The 3 April meeting will be the last one of the session in Glenburn Hall but we hope to arrange our yearly outing for lunch soon afterwards. More details will follow both on the notice sheet, and in the April Magazine.

Andrew Long Brenda Hadcroft

## **Gavin's Mill Second Anniversary Celebrations Friday March 1st**

The trustees and management team at Gavin's Mill would like to invite you to join us for our second anniversary celebrations on **Friday 1 March**.

We can hardly believe that two years have flown by so quickly!

We propose to mark our second birthday with a day celebrating all things African. We will have genuine African specialities (cooked in our kitchen at Gavin's Mill) which will be available over lunch and in the afternoon. We will also feature tasting sessions for some of our African products (Kilombero rice, Divine chocolate and our Eswatini range) and there will be African music and drumming to provide an authentic backdrop.



The formal part of the day will take place at **4pm** and you are invited to join us for drinks and snacks and a slice of birthday cake. We also plan to tell you more about our ambitious plans for the purchase and further development of Gavin's Mill. Please join us then if you can but feel free to drop in at any time of the day to join in the celebrations. Please RSVP to **[GMCP@gavinsmill.org](mailto:GMCP@gavinsmill.org)**

Gavin's Mill Trustees and Management Team

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To those who have not yet been to the shop beside Tesco in Milngavie, a visit is highly recommended. They have a great stock of goods and they are an excellent place to hunt for birthday presents as well as exotic food. Downstairs is a friendly well stocked café.

## Children's Corner

### Sunday school so far...by one of its members

Sunday School this term has been going through the books of the Old Testament in order, not done previously for this generation. The Sunday school has skimmed lightly through the books of the Bible gaining knowledge as we go and has now reached the book of Joshua. You can see the helpful Timeline on the wall of the Sunday school hall and the younger children are particularly enjoying the journey.

Five sessions left: will we reach Malachi by Easter?

The last week has been half term for school and Sunday School and Imogen and I met up with Iona, our cousin at the Highland Wildlife Park.

It was large and the animals had plenty of room to spread out. Some of the favourites were the wolves who were playing and enjoyed nothing better than chewing on each other's legs and ears. Just like our family... a bit.

My personal favourite were the goats who had twisted horns, beady eyes and a long, fine beard. When I went up the fence the goats advanced as well, and when I backed away thinking of the time Grandma's dress had been chewed by a goat, the goats retreated and resumed gnawing off the bark of the tree. [Editor's comment: Poor Grandma!]

This is a beautiful place to see God's creatures and deserves any support people can afford to give.

<http://www.highlandwildlifepark.org.uk/support-us/>



Dad didn't come with us to the Wildlife Park, but when we got back he retold us the story of **Saint Sava and the wolves**:

Saint Sava is the patron saint of **Serbia** and a contemporary of Saint Francis. One day he was wandering alone in the countryside when he came across a family of very young wolves whose mother had been killed by hunters. Kind to all animals, Sava gathered them up and prayed for God's help.



What was he going to feed them?

God told him to tap the white rocks on the hillside with his stick and when he did so they gave out milk which the wolves lapped up hungrily. They grew quickly and followed Sava everywhere. One day he was reading high up in a tree and the wolves were sleeping on the ground below. Sava realised that the cubs now needed meat and prayed for help once again.

God told him to start tearing up the pages of the book he was reading and feed them to the wolves. As they fluttered down from the tree they turned into small scraps of meat, ideal for young wolves.

The wolves grew big and strong and Sava's library sustained them until they were old enough to hunt for themselves. Sava became a bishop and a great organiser of the Church in Serbia. He taught respect for families and animals all his life.

*Many thanks to Alexander and Andrew Roach*

### Upcoming Dates for the diary

3 <sup>rd</sup> March	Sunday School
10 <sup>th</sup> March	Sunday School
17 <sup>th</sup> March	Sunday School
24 <sup>th</sup> March	Sunday School
31 <sup>st</sup> March	Mothering Sunday All Age Worship

## March Service Rotas

Date	Sidesmen 10:30 a.m.	Eucharistic Assistants	Readings	Reader	Intercessor	Coffee Name in <b>bold</b> to bring milk
<b>3 March</b> Transfiguration Sunday	Janet Stack David Wheatley	LHS : Andrew RHS : Hanan	Exodus 34:29-35 2 Corinthians 3:12-4:2 Luke 9:28-43a	Richard Kingslake	Andrew Long	<b>Louise Benson</b> Pauline Waugh Fiona Hempel
<b>10 March</b> Lent 1	John Brooker Andrew Long	LHS : Louise RHS : Richard	Deuteronomy 26:1-11 Romans 10:8b-13 Luke 4:1-13	Mary Stott	* David Simmons	<b>John Brooker</b> Gioia Whitmore Elaine Perret
<b>17 March</b> Lent 2	Anne Shirlaw Celia Fisher	LHS : Graham RHS : Catriona	Genesis 15:1-12, 17-18 Philippians 3:17-4:1 Luke 13:31-35	Ann Wheatley	* Louise Benson	<b>Barbara Thompson</b> Gillian Kingslake Sheena MacDonald
<b>24 March</b> Lent 3	Richard Kingslake Kate Ross	LHS : Jenny RHS: Andrew	Isaiah 55:1-9 1 Corinthians 10:1-13 Luke 13:1-9	David Wheatley	* TBA	<b>Jane Lewis</b> Ann Wheatley Brenda Hadcroft
<b>31 March</b> Mothering Sunday	Joyce James Graham Bryson	LHS: Hanan RHS: Celia	TBA	Margaret Dunn	* David Hamblen	<b>May Campbell</b> Margaret Dunn Margery Pollock

Please send all articles for the March magazine to Richard Kingslake  
(richard.kingslake@gmail.com ) by Sunday 24th March

# March Services

*Jesus said: For it is written: Worship the Lord your God, and serve God only.  
Matthew 4:10b*

Date	Services	
<b>3rd March</b> <b>Transfiguration Sunday</b> <b>(White)</b>	9am Said Eucharist	1970 Liturgy
	10.30am Sung Eucharist	Ordinary Time Liturgy
<b>6<sup>th</sup> March</b> <b>Ash Wednesday</b>	11.30am & 7pm Eucharist with Imposition of Ashes	
<b>10<sup>th</sup> March</b> <b>Lent 1</b> <b>(Violet)</b>	9am Said Eucharist	1970 Liturgy
	10.30am Sung Eucharist	Lent Liturgy
	6pm Evening Prayer	
Wednesday 13 <sup>th</sup>	11.30 Said Eucharist	
Monday - Thursday	6pm Evening Prayer	
<b>17<sup>th</sup> March</b> <b>Lent 2</b> <b>(Violet)</b>	9am Said Eucharist	1970 Liturgy
	10.30am Sung Eucharist	Lent Liturgy
	6pm Evening Prayer	
Wednesday 20 <sup>th</sup>	11.30am Said Eucharist	
Monday - Thursday	6pm Evening Prayer	
<b>24<sup>th</sup> March</b> <b>Lent 3</b> <b>(Violet)</b>	9am Said Eucharist	1970 Liturgy
	10.30am Sung Eucharist	Lent Liturgy
	6pm Evening Prayer	
Wednesday 27 <sup>th</sup>	No Eucharist	
Monday - Thursday	6pm Evening Prayer	
<b>31<sup>st</sup> March</b> <b>Mothering Sunday</b> <b>(Rose)</b>	9am Said Eucharist	1970 Liturgy
	10.30am Sung Eucharist	Mothering Sunday Liturgy
	6pm Evening Prayer	